



Caribbean Grove

JAMAICAN CUISINE
& RUM BAR

Salads

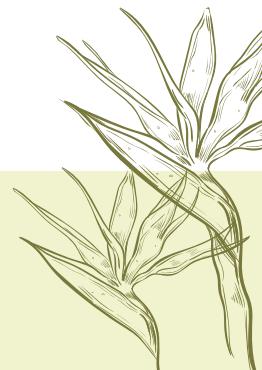
- ④ Cob salad, lettuce mix, hardboiled egg, tomato, crispy bacon, avocado, blue cheese and ranch dressing
- ④ Spring salad, lettuce mix, cucumber, cherry tomato, onion and grilled palm heart with citrus vinaigrette

Cold Starters

- ④ Shrimp ceviche with mango and avocado

Seared tuna fifish, Ponzu sauce with garlic and lime

- ④ Whole Food Plant-Based option
- ④ These are gluten free dishes





Hot Starters

Fried squid rings, served with lime tartar sauce

⌚ Buffalo wings with Jerk mayonnaise

Southern crab cake with remoulade sauce

Soups

Chicken red peas soup

Vegetables red peas soup

Pastas

Meat balls with Jamaican beer & scotch spicy tomato sauce, linguini, roasted garlic and fresh thyme oil

Alfredo with penne, with chicken or shrimp, parmesan cheese and mushrooms

GLUTEN FREE OPTION AVAILABLE





Sandwiches and Hamburgers

Philly steak sandwich, baguette, skirt steak, mushrooms, bell pepper and provolone cheese

Classic hamburger with angus beef, cheddar cheese, tomato, lettuce, onion, gherkins and thousand island sauce

Cuban sandwich, baguette, York ham, pork leg, Swiss cheese and pickled gherkins

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.





Main Course

Wrap of braised beef ribs

Vegetable "Rasta Style" Wrap

⌚ Grouper "Jamaican blackened style", with steamed vegetables

⌚ Grilled chicken breast, local honey and mustard sauce, bacon and "au gratin" jack cheese, served with rustic mashed potato

⌚ BBQ Jerk pork with rice and peas and coleslaw

Vegetable "Rasta Style" Wrap

⌚ This dish contains dairy and/or milk

⌚ These are gluten free dishes





Desserts

New york cheese cake

Lemon pie

⌚ Fresh fruit with watermelon sherbet

⌚ 🍃 Brownie with hot chocolate
sauce and vanilla ice-cream


EXCELLENCE
OYSTER BAY, JAMAICA

