

## **COLD APPETIZERS**

Crab cake with red bell pepper remoulade sauce, green apple and fresh cilantro salad

Shrimp cocktail with tomato and mildly hot sauce

# **HOT APPETIZERS**

& Grilled octopus with potatoes, green pesto and saffron aioli

Coconut breaded fried shrimps in horseradish sauce with mustard and honey

## SALADS

 ▲ Seared salmon salad with rucola, asparagus and roasted bell pepper vinaigrette

Mango Jamaican salad, chicken coleslaw and honey mustard dressing



## SOUPS

Seafood bisque with rouille sauce drops

• Seafood soup with squid, scallops, crab and fish with aioli toasts

## MAIN COURSES

Fried grouper with garlic sauce, fried green plantain and Creole salad

Seafood risotto with grilled vegetables and romesco sauce

Salmon fillet over a sundried tomatoes and quinoa with chardonnay dill sauce

Surf and Turf with jumbo shrimp and grilled flank steak served with mashed potatoes, roasted garlic and buttered corn

Grilled garlic and oregano marinated chicken tigh, vegetables with kalamata olives, olive oil and lime

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes which help in mantaining balanced diet
- These are gluten free dishes
- This dish contains dairy and/or milk
- Number Whole Food Plant-Based option
- CThese are spicy dishes



## **JUMBO SHRIMP**

- Thermidor, classic creamy french, mushrooms, shallots, mustard and tarragon, oven finished gratin
- Meunière, pan fried in butter, lemon juice and fresh parsley
- ♦ Grilled or steamed jumbo shrimp, choose below your side dish and sauce

### SAUCE SELECTION

- Lemon butter sauce Melted butter, lime juice and pinch of salt added
- White wine garlic sauce Butter simmered garlic, finished with reduced white wine

## o⊛Béarnaise

Butter emulsion of black pepper, tarragon and shallot white wine reduction

• Honey dijonnaise Dijon mustard and honey

#### SIDES

- Baked Potato With cream and fresh herbs
  - French fries
- ●●● Mashed potatoes

- ♦ Srilled vegetables
- ♦ Steamed rice
  - Garlic butter pasta

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# WHOLE FOOD PLANT-BASED MENU

## **COLD APPETIZERS**

- Vegetables ceviche with Peruvian "leche de tigre" broth, sweet
  corn, orange and coriander
- Pickled vegetables with tomato, onion, roasted bell pepper
  and carrot salad

## SOUPS

Pumpkin soup with cinnamon candied onions, olive oil bread crouton

## PASTAS

- **く** Linguine with buttered Parmesan cheese and chilli
- Capellini pasta in lime sauce and capers, diced tomatoes and garlic bread

Gluten free pasta available

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## DESSERTS

- Creamy chocolate and coffee cake
- Seasonal fruit salad with sauce

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