## COLD APPETIZERS

Crab cake with red bell pepper remoulade sauce, green apple and fresh cilantro salad
( Shrimp cocktail with tomato and mildly hot sauce

## HOT APPETIZERS

(b) Grilled octopus with potatoes, green pesto and saffron aioli
Coconut breaded fried shrimps in horseradish sauce with mustard and honey

## SALADS

$\dot{\text { © }}$ (3) Seared salmon salad with rucola, asparagus and roasted bell pepper vinaigrette
Mango Jamaican salad, chicken coleslaw and honey mustard dressing

## SOUPS

Seafood bisque with rouille sauce drops

- Seafood soup with squid, scallops, crab and fish with aioli toasts


## MAIN COURSES

Fried grouper with garlic sauce, fried green plantain and Creole salad

Seafood risotto with grilled vegetables and romesco sauce
Salmon fillet over a sundried tomatoes and quinoa with chardonnay dill sauce
(6. Surf and Turf with jumbo shrimp and grilled flank steak served with mashed potatoes, roasted garlic and buttered corn

Grilled garlic and oregano marinated chicken tigh, vegetables with kalamata olives, olive oil and lime

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes which help in mantaining balanced diet
(36)These are gluten free dishes

0 This dish contains dairy and/or milk

- Whole Food Plant-Based option
© These are spicy dishes


## JUMBO SHRIMP

(83) Thermidor, classic creamy french, mushrooms, shallots, mustard and tarragon, oven finished gratin
(6) Meunière, pan fried in butter, lemon juice and fresh parsley
-(3) Grilled or steamed jumbo shrimp, choose below your side dish and sauce

## SAUCE SELECTION

O* Lemon butter sauce
Melted butter, lime juice and
pinch of salt added
O8. White wine garlic sauce
Butter simmered garlic, finished with reduced white wine

## - Béarnaise

Butter emulsion of black pepper, tarragon and shallot white wine reduction

- © Honey dijonnaise

Dijon mustard and honey

## SIDES

OB Baked Potato
With cream and fresh herbs

- French fries
-OB Mashed potatoes
- © Grilled vegetables
-()Steamed rice
- Garlic butter pasta


# WHOLE FOOD PLANT-BASED MENU 

## COLD APPETIZERS

- © ${ }^{(3)}$ Vegetables ceviche with Peruvian "leche de tigre" broth, sweet ${ }^{0}$ corn, orange and coriander
© Pickled vegetables with tomato, onion, roasted bell pepper
- and carrot salad


## SOUPS

- Pumpkin soup with cinnamon candied onions, olive oil bread crouton


## PASTAS

O Linguine with buttered Parmesan cheese and chilli
© © Capellini pasta in lime sauce and capers, diced tomatoes and garlic bread

Gluten free pasta available

- These are healthy dishes which help in mantaining balanced diet
(b)These are gluten free dishes
- This dish contains dairy and/or milk
- Whole Food Plant-Based option
( These are spicy dishes


## DESSERTS

© Creamy chocolate and coffee cake
Q. Homemade ice cream and sorbet sampler

- Seasonal fruit salad with sauce (1)
(8) O Milk chocolate, chocolate mousse, candied peanuts and caramel sauce
- These are healthy dishes which help in mantaining balanced diet (1)These are gluten free dishes
- This dish contains dairy and/or milk
- Whole Food Plant-Based option


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[^0]:    OYSTER BAY, IAMAICA

