

[Cold Appetizers]

- 🍏🌿 Peruvian fish ceviche, fresh cilantro, red onion and sweet potato

- 🍏 Salmon tataki with cucumber, cabbage and carrots in soy sauce and sesame seeds dressing

- 🌿🐙 Octopus tostada with parsley, red onion, avocado and chipotle dressing

[Hot Appetizers]

“Excellence” nachos
Chili beans, Cheddar cheese, Mexican sauce, pickled onions and sour cream

Crab rolls with sweet and sour sauce

- 🌿 Mackerel croquettes with curried potatoes and mango hot sauce

[Salads]

- 🍏🌿 Green salad with caramelized walnut, raisins, wild berries sauce and white cheese

- 🍏🌿 Vegetable salad with tomato, almonds, chilli pepper, garlic, toasted bread and apple vinegar “Xató” vinaigrette

- 🍏 Pickled mackerel salad, cassava cake, zucchini and cucumber salad

[Soups and creams]

- 🌿 Pepperpot soup with okra, cabbage, beef and Scotch Bonnet chilli

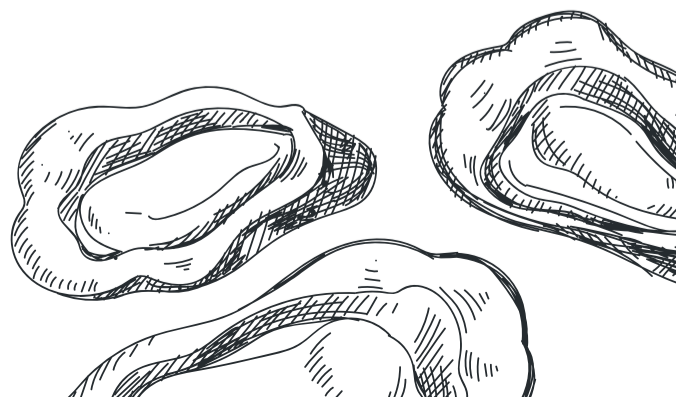
Fish tea soup with plantain and scallions

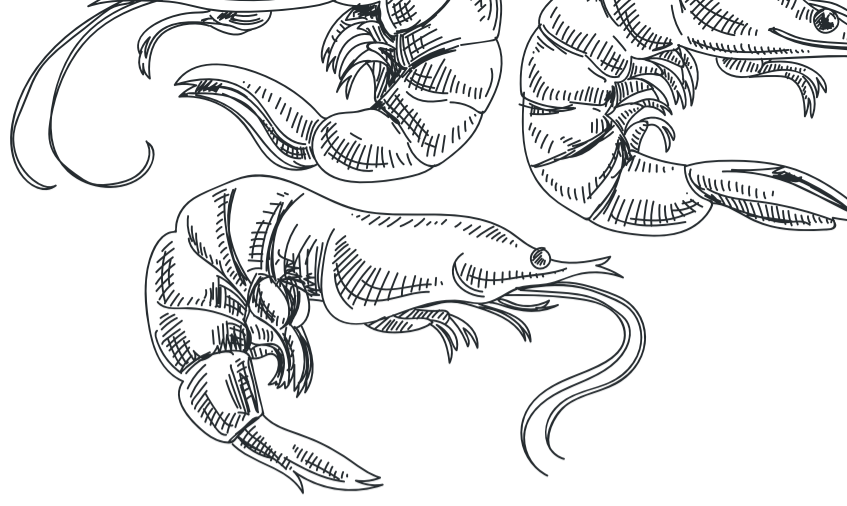
🍏 These are healthy dishes which help in maintaining a balanced diet

🌿 These are gluten free dishes

🌶️ These are spicy dishes

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.





[Sandwiches and Hamburgers]

Club sandwich with grilled chicken breast, lettuce, tomato, bacon and Cheddar cheese

Beef burger with caramelized onions, Swiss cheese and arugula

☞ Pork jerk sandwich with sautéed mushrooms, onions and cheese

Shrimp and vegetables wrap with curry sauce

Salmon burger with cucumber, avocado and yogurt dressing

☞ Tempura fish taco with spicy red sauce

Gluten free bread available

[Main Courses]

Fried fish filet accompanied with cole slaw

☞ Mahi-mahi jerk skewer, Jamaican rice and sautéed vegetables

Jamaican style fried fish filet, green plantain chips

Bacon wrapped beef tenderloin with shrimps, mashed potatoes with cream cheese

Roasted chicken quesadilla with sweet corn, black beans, onion, bell peppers and mozzarella cheese

[Pasta]

Beef and tomato cannelloni, with vegetables and cheese

☞ **Penne pasta and shrimps in bell pepper, olives and tomato puttanesca sauce**

Gluten free pasta available

Vegetarian Menu

[Appetizers]

- 🍏🌶️ Cucumber “aguachile” with mushrooms, coriander, lime juice and corn tortilla chips

- 🍏🌶️ Avocado “tostada” with parsley, red onion and chipotle chilli dressing

- 🥚 “Excellence” nachos
Beans, Cheddar cheese, Mexican sauce, pickled onions and sour cream

[Main Courses]

- 🥚 Fried egg club sandwich, lettuce, tomato, Cheddar cheese and light cheese sauce

- 🥚 Lentil burger with caramelized onion, Swiss cheese and arugula

- 🥚 Sautéed vegetables wrap with curry sauce, raisins and grilled apples

- 🥚 Sweet corn quesadilla, black beans, bell peppers and mozzarella cheese

[Salads]

- 🍏🥚 Green salad with caramelized walnuts, raisins, wild berries sauce and fresh cheese

- 🌿🥚 Vegetable salad with “Xató” vinaigrette; tomato, almonds, guajillo chilli pepper, garlic, toasted bread and apple vinegar

- 🍏🌿 Bammy cassava flatbread, tomato, cucumber and zucchini in lime vinaigrette

[Cream]

- 🍏🌶️ **Pepperpot with okra, cabbage and Scotch Bonnet chilli**

[Pasta]

- 🥚 **Spaghetti with creamy mushrooms and Parmesan cheese**

- 🥚 **Fettuccine with creamy coriander sauce and vegetable meli melo**

Gluten free pasta available

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🌿 These are gluten free dishes

🥚 These are ovo lacto vegetarian dishes

🌿 These are vegan dishes

🌶️ These are spicy dishes

[Desserts]

🍷 Jamaican cheese cake with mango

🍷 Chocolate mousse cake with caramelized walnuts
and vanilla sauce

🍷 Oreo cheesecake

🍷 Brioche and raisins pudding with salt caramel

🍏🌱🍃 Homemade ice creams sampler

🍏🌱🍃 Tropical fruit platter with red berries sauce

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