



ANTIPASTI



CAPRESE

Tomatoes | Mozzarella | Pesto | Balsamic Vinegar Reduction



OREGANO SALAD

Greens | Marinated Artichokes | Eggplant Confit
Balsamic Vinegar Vinaigrette



DEEP FRIED SQUID

Breaded | Spicy Tomato Sauce

PASTA & VEGETABLES SOUP

Chicken Broth | Tomatoes | Onion | Pasta | Gnocchi

FOCACCIAS

BLACKENED CHICKEN

Chicken Breast | Dijon Mustard Dressing | Greens

VEGETABLES

Grilled Vegetable Medley | Spinach | Goat Cheese

PASTAS & RISOTTO

CAPPELLINI

Four Cheese Sauce



SPICY RIGATONI AL AGLIO

Olives | Sun-Dried Tomatoes | Pepperoncini

OVEN-BAKED LASAGNA

Bolognese Sauce | Mozzarella



SCAMPI RISOTTO

White Wine | Shrimps | Tomatoes
Grilled Peppers Sauce | Corn

DAL FORNO

MARGHERITA

Tomatoes | Mozzarella | Oregano

OREGANO

Pear | Prosciutto | Blue Cheese

SECONDI



CHICKEN BREAST AL LIMONE

Lime | Thyme



MEDITERRANEAN SALMON

Capers | Mashed Potatoes | Garlic



DOLCI

ITALIAN LIME TART

TIRAMISÚ

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

🍏 Healthy dishes which help in maintaining a balanced diet

🌾 Gluten free dishes

🌿 Whole Food Plant-Based option

🌶️ Spicy dishes

A decorative border featuring olive branches with green leaves and olives, framing the top, bottom, and sides of the menu.

WHOLE FOOD PLANT-BASED MENU

ANTIPASTI



CHICKPEA TOSTON

Cilantro-Garlic Cream



HEALTHY HEART TACO SALAD

Mix of Mushrooms | Corn | Carrots | Tomatoes | Cabbage |
Jicama | Guacamole | Sweet Potato Chips



POWER SLAW

Cabbage Rolls filled with Red Cabbage | Broccoli | Apple |
Sweet Potato | Quinoa | Almond Dressing

ZUPPA

MINT & AVOCADO SOUP

Chili Oil | Cucumber | Lemon | Apple Chips

SECONDI

🍏🌿 CLASSIC BURGER

Grilled plant-based Patty | Cheddar Cheese | Lettuce |
Tomato | Cucumber | Red Onion

🍏🌿 EGGPLANT PARMIGIANA SANDWICH

Crispy Eggplant | Homemade Marinara Sauce |
Cheese Dip | Pesto

DOLCI

🌿 CARROT CAKE

Spices | Yogurt Cream

🍏 Healthy dishes which help in maintaining a balanced diet

🌿 Whole Food Plant-Based option

🌾 Gluten free dishes



EXCELLENCE

OYSTER BAY, JAMAICA